



## **ITEMS TO DONATE TO DISPLACED PEOPLE DURING NATURAL DISASTERS**

After a calamity, people may not have access to basic necessities readily available to them. So here is a list of suggested items that will help people with their immediate needs to get through the next few days.

### **FOOD**

- Water
- Granola bars
- Easy open canned goods (pop tops)
- Potato chips (individually wrapped)
- Crackers (individually wrapped)
- Fruit cups (easy open)
- Dried fruits/nuts
- Cup Noodles

### **TOILETRIES**

- Hand/baby Wipes
- Hand sanitizers
- Toothbrushes (individually wrapped)
- Toothpastes (Travel size)
- Shampoos (Travel size)
- Deodorants
- Soaps
- Toilet paper (individually wrapped)
- Feminine hygiene products
- Paper towels

### **DO NOT PACK**

- Expired items
- Perishable items  
(cheese, dairy, fresh fruits)
- Ethnic foods
- Bulky items